

Wearing My Mask at School

PLEASE WEAR

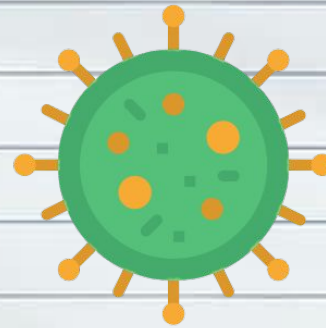


A MASK

Some people around the world have been getting sick from a virus called Covid-19.



The virus is very small. It's so small that you can only see it with a microscope.





The virus can spread through tiny droplets of germs. These germs come from our noses and mouths when we cough, sneeze, or even talk!



Doctors say I can help prevent spreading germs by wearing a mask.



Wearing a mask keeps me safe and prevents other people from getting sick too!



Everyone at school will be wearing masks!



I can still do A LOT with my mask on.

I can learn.



I can have fun.





I can take my mask off when I eat,
when I am outside, or when I am
standing 6 feet away from other
people.



My mask should tie around my ears or head, and it should cover my mouth and nose completely.

If I need help with my mask, I can ask my teacher or an adult for help.



Wearing a mask can
feel different. The
mask might feel warm
from my breath, but
I can still breathe
just fine.



I can handle this
change.



Wearing a mask for a long time might feel uncomfortable. It might feel funny around my ears or around my head.

If I need a break, I can ask my teacher.

Wearing a mask is important because it helps keep me safe and it helps protect other people from the virus too!

Wearing a mask shows people that I care.



Wearing a mask can help save people's lives! I can be like a superhero and save lives!

Superheroes wear masks and so can I!

